

Daily content prompt library

185 ready to post prompts for a trading community, organised by type: market news, education, polls, member spotlights, free course pushes, motivation and FAQ. Open it, find a row, copy, post. This library is also a Google Sheet with a filter on the Type column and a Used column so you never repeat within a month.

A community needs one post a day, and the post is rarely the problem. The decision is. This library is the decision made in advance: 185 posts, each with the full copy, the image to use, and how much engagement to expect. The rhythm to follow is one lesson, one idea or result, one poll, one real life post, one Q&A and one recap a week. Pull the rows that fit the day.

What you will learn

- The seven types and how much engagement each one usually gets
- How to use the sheet every morning in two minutes
- All 185 prompts, by type

The seven types

Type	Rows	Engagement	Use it when
Market news	30	High	A calendar event or a move happened. Always with the level, never into the release
Education	60	High	Every other day. The lesson plus the quiz the day after
Poll	40	High	The channel is quiet, or your fixed poll day
Member spotlight	10	Medium	Someone did the path right. Name hidden, with permission
Free course push	10	Medium	Beginner groups, once a week at most
Motivation	20	Medium	Weekends, quiet days, after a loss
FAQ	15	High	A question came in twice. Answer it once for everyone

Every post ends with your message CTA. Education and news posts carry the risk line. The FAQ about the platform carries the partner line.

Market news (30)

#	Topic	Copy	Image
1	Inflation number day	Inflation number day today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
2	Inflation number day (recap)	After inflation number day: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move

#	Topic	Copy	Image
3	Central bank decision	Central bank decision today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
4	Central bank decision (recap)	After central bank decision: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
5	Jobs report Friday	Jobs report Friday today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
6	Jobs report Friday (recap)	After jobs report friday: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
7	Gold at a round number	Gold at a round number today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
8	Gold at a round number (recap)	After gold at a round number: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
9	Oil inventory report	Oil inventory report today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
10	Oil inventory report (recap)	After oil inventory report: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
11	A big tech earnings night	A big tech earnings night today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
12	A big tech earnings night (recap)	After a big tech earnings night: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
13	Weekend gap on crypto	Weekend gap on crypto today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
14	Weekend gap on crypto (recap)	After weekend gap on crypto: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
15	Quiet summer session	Quiet summer session today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
16	Quiet summer session (recap)	After quiet summer session: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
17	A surprise rate comment	A surprise rate comment today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
18	A surprise rate comment (recap)	After a surprise rate comment: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move

#	Topic	Copy	Image
19	Election week volatility	Election week volatility today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
20	Election week volatility (recap)	After election week volatility: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
21	Month end flows	Month end flows today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
22	Month end flows (recap)	After month end flows: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
23	Bank holiday thin market	Bank holiday thin market today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
24	Bank holiday thin market (recap)	After bank holiday thin market: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
25	A record high in an index	A record high in an index today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
26	A record high in an index (recap)	After a record high in an index: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
27	A crypto exchange headline	A crypto exchange headline today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
28	A crypto exchange headline (recap)	After a crypto exchange headline: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move
29	Dollar strength week	Dollar strength week today. What it means in plain words: [one sentence]. What I am doing: [in a trade / out / watching level X]. I will not trade through the release. Not advice. Trading is high risk and most people lose money.	Chart screenshot with one level marked
30	Dollar strength week (recap)	After dollar strength week: price did [what]. The level I posted [held / failed]. What I learned: [one line]. Screenshot below. Risk line.	Chart after the move

Education (60)

#	Topic	Copy	Image
1	What a pip is	What a pip is, in plain words. A pip is the smallest standard price move. On most pairs the fourth decimal. Why it matters: your stop and target are measured in it, and your size turns pips into money. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
2	What a pip is (quiz)	Quick check on yesterday's lesson: What a pip is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz

#	Topic	Copy	Image
3	What a lot is	What a lot is, in plain words. A lot is a fixed size of a trade. Standard, mini, micro. Beginners start micro. Size is the number you control, not leverage. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
4	What a lot is (quiz)	Quick check on yesterday's lesson: What a lot is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
5	What a stop loss is	What a stop loss is, in plain words. The level where your idea is wrong, set before you enter, never moved further away. It turns an unknown loss into a known one. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
6	What a stop loss is (quiz)	Quick check on yesterday's lesson: What a stop loss is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
7	What a take profit is	What a take profit is, in plain words. The level where you planned to be right. Set with the stop, as a ratio. Taking profit early because you are nervous is the second most common beginner mistake. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
8	What a take profit is (quiz)	Quick check on yesterday's lesson: What a take profit is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
9	Risk per trade	Risk per trade, in plain words. Distance to stop times size, in money. A common rule is one to two percent of the account, so ten losses in a row do not end you. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
10	Risk per trade (quiz)	Quick check on yesterday's lesson: Risk per trade. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
11	Risk to reward	Risk to reward, in plain words. Target distance divided by stop distance. 1 to 2 means you risk one to make two. With a 40 percent win rate that is profitable. Think in R, not money. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
12	Risk to reward (quiz)	Quick check on yesterday's lesson: Risk to reward. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
13	What leverage does	What leverage does, in plain words. It multiplies your position, so it multiplies profit and loss. The dangerous number is not leverage, it is size. Low leverage, small size, a stop. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
14	What leverage does (quiz)	Quick check on yesterday's lesson: What leverage does. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
15	Margin and margin call	Margin and margin call, in plain words. Margin is the money the platform holds for an open trade. A margin call is when losses eat it. The fix is size, always size. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
16	Margin and margin call (quiz)	Quick check on yesterday's lesson: Margin and margin call. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
17	The spread	The spread, in plain words. The gap between buy and sell price. You start every trade slightly down. It widens in news, which is why stops fill worse in news. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
18	The spread (quiz)	Quick check on yesterday's lesson: The spread. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz

#	Topic	Copy	Image
19	Support and resistance	Support and resistance, in plain words. A level price has bounced from before. Two touches make a level. Old support often becomes resistance when it breaks. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
20	Support and resistance (quiz)	Quick check on yesterday's lesson: Support and resistance. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
21	Trend in one sentence	Trend in one sentence, in plain words. Higher highs and higher lows is up. Lower highs and lower lows is down. Everything else is a range. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
22	Trend in one sentence (quiz)	Quick check on yesterday's lesson: Trend in one sentence. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
23	Reading a candle	Reading a candle, in plain words. Body is open to close. Wicks are the extremes. A long upper wick means buyers were rejected. Colour tells you less than shape. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
24	Reading a candle (quiz)	Quick check on yesterday's lesson: Reading a candle. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
25	Timeframes	Timeframes, in plain words. Higher timeframe for direction and levels. Lower for entry. Never take an entry against the higher timeframe without knowing you are. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
26	Timeframes (quiz)	Quick check on yesterday's lesson: Timeframes. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
27	The economic calendar	The economic calendar, in plain words. Check it every morning. Red events move price fast and widen spreads. Beginners stay out of the hour around them. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
28	The economic calendar (quiz)	Quick check on yesterday's lesson: The economic calendar. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
29	What a demo account is	What a demo account is, in plain words. Same platform, same prices, fake money. Twenty demo trades with a stop and a journal before any real money. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
30	What a demo account is (quiz)	Quick check on yesterday's lesson: What a demo account is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
31	Position size, the formula	Position size, the formula, in plain words. Risk in money divided by stop distance in money per unit equals size. Work it out before every trade. Size follows the stop. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
32	Position size, the formula (quiz)	Quick check on yesterday's lesson: Position size, the formula. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
33	The trading journal	The trading journal, in plain words. Date, instrument, entry, stop, target, size, reason, result, lesson. One line per trade. The journal is where the improvement happens. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
34	The trading journal (quiz)	Quick check on yesterday's lesson: The trading journal. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz

#	Topic	Copy	Image
35	Break even stops	Break even stops, in plain words. Moving your stop to entry after the trade goes your way. Safe, but it turns many winners into zeros. Decide the rule in advance. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
36	Break even stops (quiz)	Quick check on yesterday's lesson: Break even stops. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
37	Correlation	Correlation, in plain words. Some pairs move together, some opposite. Two trades on correlated pairs is one trade with double size. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
38	Correlation (quiz)	Quick check on yesterday's lesson: Correlation. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
39	Slippage	Slippage, in plain words. Your order fills at a worse price than you asked, usually in fast markets. Small usually, large in news. Another reason to avoid releases. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
40	Slippage (quiz)	Quick check on yesterday's lesson: Slippage. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
41	Overtrading	Overtrading, in plain words. More than your plan allows. The cause is boredom or revenge. The fix is a daily limit written down before the day starts. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
42	Overtrading (quiz)	Quick check on yesterday's lesson: Overtrading. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
43	Revenge trading	Revenge trading, in plain words. Trading to win back a loss. The fastest way to turn one loss into three. After a loss: journal, close the app, walk. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
44	Revenge trading (quiz)	Quick check on yesterday's lesson: Revenge trading. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
45	Why most beginners lose	Why most beginners lose, in plain words. Size too big, no stop, trading news, no plan. Fix those four and you are already ahead of most. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
46	Why most beginners lose (quiz)	Quick check on yesterday's lesson: Why most beginners lose. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
47	Fundamental vs technical	Fundamental vs technical, in plain words. Fundamentals are why price might move, technicals are where. You need a little of both. Beginners start with levels. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
48	Fundamental vs technical (quiz)	Quick check on yesterday's lesson: Fundamental vs technical. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
49	What a session is	What a session is, in plain words. Asia, London, New York. Each has its own character. London open and New York open are when most of the movement happens. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
50	What a session is (quiz)	Quick check on yesterday's lesson: What a session is. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
51	Gold basics	Gold basics, in plain words. Trades like a currency against the dollar. Respects levels. Moves fast on rate news. Small size. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline

#	Topic	Copy	Image
52	Gold basics (quiz)	Quick check on yesterday's lesson: Gold basics. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
53	Crypto basics	Crypto basics, in plain words. 24 hours, weekends included, the most volatile. Highest leverage offered, which is the trap. Smallest size, strictest stop. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
54	Crypto basics (quiz)	Quick check on yesterday's lesson: Crypto basics. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
55	Index basics	Index basics, in plain words. The open is the dangerous hour. Gaps can skip your stop. Trend days are where the money is, and they are rare. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
56	Index basics (quiz)	Quick check on yesterday's lesson: Index basics. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
57	The plan, written	The plan, written, in plain words. Entry, stop, target, size, reason. Written before the trade. If it is in your head it changes when you are nervous. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
58	The plan, written (quiz)	Quick check on yesterday's lesson: The plan, written. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz
59	Patience as a position	Patience as a position, in plain words. Waiting for your level is a trade. The trade you chase has the worst price of the day. Message me START for the checklist. Trading is high risk and most people lose money.	Square tip card with the headline
60	Patience as a position (quiz)	Quick check on yesterday's lesson: Patience as a position. [Three option quiz from the Engagement playbook]. Answer tonight.	Native quiz

Poll (40)

#	Topic	Copy	Image
1	Chart first or news first?	Poll: Chart first or news first? Options: Chart / News / Both / Neither, I follow the plan. I will post the result and my view tomorrow.	Native poll
2	Have you ever placed a real trade?	Poll: Have you ever placed a real trade? Options: Yes / Only demo / Not yet / Thinking about it. I will post the result and my view tomorrow.	Native poll
3	What stops you from starting?	Poll: What stops you from starting? Options: Money / Knowledge / Fear of losing / Time. I will post the result and my view tomorrow.	Native poll
4	Demo or real money first?	Poll: Demo or real money first? Options: Demo for a month / Small real account / Demo until profitable / Real from day one. I will post the result and my view tomorrow.	Native poll
5	How long did your first trade take to place?	Poll: How long did your first trade take to place? Options: Minutes / Days / Weeks / Still waiting. I will post the result and my view tomorrow.	Native poll
6	Where do you put your stop loss?	Poll: Where do you put your stop loss? Options: Below structure / Fixed pips / I move it / I do not use one. I will post the result and my view tomorrow.	Native poll
7	Which market do you watch most?	Poll: Which market do you watch most? Options: Gold / Crypto / Forex majors / Indices. I will post the result and my view tomorrow.	Native poll
8	What time do you check the chart first?	Poll: What time do you check the chart first? Options: Before 7am / 7 to 9 / Lunch / Evening. I will post the result and my view tomorrow.	Native poll

#	Topic	Copy	Image
9	Biggest mistake so far?	Poll: Biggest mistake so far? Options: No stop loss / Too much size / Revenge trade / Chasing news. I will post the result and my view tomorrow.	Native poll
10	How many trades a day is too many?	Poll: How many trades a day is too many? Options: 1 / 3 / 5 / No limit. I will post the result and my view tomorrow.	Native poll
11	Do you journal your trades?	Poll: Do you journal your trades? Options: Every one / Sometimes / Started and stopped / Never. I will post the result and my view tomorrow.	Native poll
12	What is risk to you?	Poll: What is risk to you? Options: Money in the account / Money per trade / The stop distance / Not sure. I will post the result and my view tomorrow.	Native poll
13	Leverage: friend or enemy?	Poll: Leverage: friend or enemy? Options: Friend / Enemy / Tool / Never touched it. I will post the result and my view tomorrow.	Native poll
14	Which do you fear more?	Poll: Which do you fear more? Options: A losing trade / Missing a trade / Both / Neither. I will post the result and my view tomorrow.	Native poll
15	Weekend: charts or no charts?	Poll: Weekend: charts or no charts? Options: Charts / No charts / Backtesting / Reading. I will post the result and my view tomorrow.	Native poll
16	One lesson for a beginner?	Poll: One lesson for a beginner? Options: Stop loss / Small size / Patience / Journal. I will post the result and my view tomorrow.	Native poll
17	How did you find trading?	Poll: How did you find trading? Options: A video / A friend / News / Searching. I will post the result and my view tomorrow.	Native poll
18	Win rate or risk to reward?	Poll: Win rate or risk to reward? Options: Win rate / Risk to reward / Both matter / Neither, discipline. I will post the result and my view tomorrow.	Native poll
19	Which session do you trade?	Poll: Which session do you trade? Options: Asia / London / New York / Overlap. I will post the result and my view tomorrow.	Native poll
20	What would help you most this week?	Poll: What would help you most this week? Options: A checklist / A live walk through / A Q&A / Examples of losses. I will post the result and my view tomorrow.	Native poll
21	Candles or line chart?	Poll: Candles or line chart? Options: Candles / Line / Both / Bars. I will post the result and my view tomorrow.	Native poll
22	Do you set a daily loss limit?	Poll: Do you set a daily loss limit? Options: Yes, and I keep it / Yes, and I break it / No / What is that. I will post the result and my view tomorrow.	Native poll
23	First thing before a trade?	Poll: First thing before a trade? Options: Check the plan / Check the news / Check the chart / Check my mood. I will post the result and my view tomorrow.	Native poll
24	How often do you move a stop loss?	Poll: How often do you move a stop loss? Options: Never / Only to break even / Often / Always. I will post the result and my view tomorrow.	Native poll
25	What did you learn this week?	Poll: What did you learn this week? Options: Patience / Size / A pattern / Nothing yet. I will post the result and my view tomorrow.	Native poll
26	What is a pip?	Poll: What is a pip? Options: I know / Roughly / No idea / Only in crypto. I will post the result and my view tomorrow.	Native poll
27	Best time to learn trading?	Poll: Best time to learn trading? Options: Morning / Evening / Weekend / Any. I will post the result and my view tomorrow.	Native poll
28	Monday plan: watch or trade?	Poll: Monday plan: watch or trade? Options: Watch only / One trade max / Trade the plan / Depends on news. I will post the result and my view tomorrow.	Native poll
29	Where do you learn?	Poll: Where do you learn? Options: YouTube / Here / Books / Courses. I will post the result and my view tomorrow.	Native poll

#	Topic	Copy	Image
30	Would you join a weekly live Q&A?	Poll: Would you join a weekly live Q&A? Options: Yes / Maybe / No / Record it. I will post the result and my view tomorrow.	Native poll
31	Which lesson should I post next?	Poll: Which lesson should I post next? Options: Stop loss / Position size / Reading a candle / Trend. I will post the result and my view tomorrow.	Native poll
32	How many hours a week on trading?	Poll: How many hours a week on trading? Options: Under 2 / 2 to 5 / 5 to 10 / More. I will post the result and my view tomorrow.	Native poll
33	Phone or computer?	Poll: Phone or computer? Options: Phone / Computer / Both / Tablet. I will post the result and my view tomorrow.	Native poll
34	What is the hardest part?	Poll: What is the hardest part? Options: Waiting / Losing / Learning / Starting. I will post the result and my view tomorrow.	Native poll
35	Do you tell friends you trade?	Poll: Do you tell friends you trade? Options: Yes / No / Some / Only here. I will post the result and my view tomorrow.	Native poll
36	Red day: what do you do?	Poll: Red day: what do you do? Options: Stop for the day / Keep going / Journal it / Walk. I will post the result and my view tomorrow.	Native poll
37	Would you post your own chart here for feedback?	Poll: Would you post your own chart here for feedback? Options: Yes / Maybe / No / Already did. I will post the result and my view tomorrow.	Native poll
38	Which number do you watch?	Poll: Which number do you watch? Options: Win rate / Average loss / Risk per trade / Profit. I will post the result and my view tomorrow.	Native poll
39	If gold drops tomorrow?	Poll: If gold drops tomorrow? Options: Buy the dip / Wait / Short / No idea. I will post the result and my view tomorrow.	Native poll
40	Breakout or pullback?	Poll: Breakout or pullback? Options: Breakout / Pullback / Both / Range. I will post the result and my view tomorrow.	Native poll

Member spotlight (10)

#	Topic	Copy	Image
1	The member who finished the free course	The member who finished the free course, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
2	The member who posted their first demo trade	The member who posted their first demo trade, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
3	The member who asked the best question this week	The member who asked the best question this week, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
4	The member who caught my mistake	The member who caught my mistake, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
5	The member who has been here since week one	The member who has been here since week one, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred

#	Topic	Copy	Image
6	The member who sent the channel to three friends	The member who sent the channel to three friends, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
7	The member who kept a journal for 30 days	The member who kept a journal for 30 days, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
8	The member who took a loss correctly	The member who took a loss correctly, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
9	The member who waited instead of chasing	The member who waited instead of chasing, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred
10	The member whose chart I reviewed live	The member whose chart I reviewed live, name hidden, with permission. What they did: [one line]. Why it matters: [one line]. If that is you reading this: well done. If you want the same path, pinned message, then message me START.	Screenshot of their message, name blurred

Free course push (10)

#	Topic	Copy	Image
1	Lesson one, 12 minutes	Lesson one of the free course is 12 minutes and explains pip, lot and stop loss in plain words. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
2	The lesson I reread	Lesson four is position size. I reread it monthly. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
3	Three of you asked	Three people asked how much money to start with. Lesson three answers it with numbers. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
4	Weekend lesson	Weekend plan: one lesson from the free course with a coffee. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
5	Restart week	Five day restart: one lesson a day, I post it, you do it. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
6	Before you open an account	Finish lessons one to five first. Then a demo. Then real, small. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
7	Eleven finished	Eleven people here finished the course this month. Four opened a demo. That is the path. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
8	The cohort date	The next live cohort starts [real date]. Live means weekly Q&A. Self paced stays free. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen
9	Stuck?	Reply with the lesson number you are stuck on and I will do a voice message on it. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen

#	Topic	Copy	Image
10	Free vs paid	Start with the free course. It covers the first month of most paid ones. Link: [free course link]. Learn first. Trading is high risk and most people lose money.	Course thumbnail or your screen

Motivation (20)

#	Topic	Copy	Image
1	No trades today. The plan said wait.	No trades today. The plan said wait. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
2	Day [n] of posting what I learn. Not pro	Day [n] of posting what I learn. Not profitable yet. Still here. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
3	The hardest part of trading is doing not	The hardest part of trading is doing nothing. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
4	A stop loss is not surrender.	A stop loss is not surrender. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
5	Small honest beats fake big.	Small honest beats fake big. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
6	Month [n]. Here is what changed.	Month [n]. Here is what changed. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
7	I lost money for a year before anyone ex	I lost money for a year before anyone explained risk to me. That is why this channel exists. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
8	Consistency beats talent. Boring beats e	Consistency beats talent. Boring beats exciting. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
9	The market owes you nothing. Show up any	The market owes you nothing. Show up anyway. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
10	Your first job is not to make money. It	Your first job is not to make money. It is to not lose it. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
11	Weekend. No charts. Rest is part of the	Weekend. No charts. Rest is part of the plan. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
12	The best trade this week was the one I d	The best trade this week was the one I did not take. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
13	Quiet day. Walked. The account is still	Quiet day. Walked. The account is still there, which is the point. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee

#	Topic	Copy	Image
14	Red day. Journal, close the app, walk. T	Red day. Journal, close the app, walk. Tomorrow is a new session. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
15	One trade a day for 30 days. Who is in?	One trade a day for 30 days. Who is in? [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
16	Patience is the position.	Patience is the position. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
17	Nobody is coming to make you disciplined	Nobody is coming to make you disciplined. That is the job. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
18	Two weeks in. Here is what I got wrong.	Two weeks in. Here is what I got wrong. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
19	The chart does not know you are in a dis	The chart does not know you are in a dispute with it. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee
20	Learn, adapt, be patient. The results fo	Learn, adapt, be patient. The results follow or they do not. The habits stay. [one line of your own]. Message me if you have a question for tomorrow.	Real life photo: desk, walk, coffee

FAQ (15)

#	Topic	Copy	Image
1	Which platform do you use?	FAQ: Which platform do you use? The pinned message has it, with my link and the line that I am a partner. I only recommend what I use. Message me if you have another one.	Square tip card with the question
2	How much money do I need to start?	FAQ: How much money do I need to start? Less than you think and only money you can lose. Lesson three of the free course has numbers. Message me if you have another one.	Square tip card with the question
3	Is trading gambling?	FAQ: Is trading gambling? It is if you trade without a plan, a stop and a size rule. With those it is risk management, which is a skill. Message me if you have another one.	Square tip card with the question
4	Demo or real first?	FAQ: Demo or real first? Demo for twenty trades with a journal, then real, small. Message me if you have another one.	Square tip card with the question
5	How long until I am profitable?	FAQ: How long until I am profitable? Honest answer: most people are not, and the ones who are took longer than they expected. Judge yourself at month six on process, not profit. Message me if you have another one.	Square tip card with the question
6	What leverage should I use?	FAQ: What leverage should I use? I never tell anyone a leverage number. I tell you to control size, and to keep it small. The dangerous number is size. Message me if you have another one.	Square tip card with the question
7	Do you give signals?	FAQ: Do you give signals? I post my ideas with the full reasoning and every result. Ideas, not instructions. Not advice. Message me if you have another one.	Square tip card with the question

#	Topic	Copy	Image
8	Can I lose more than I deposit?	FAQ: Can I lose more than I deposit? On the platform I use, [honest answer about negative balance protection]. Check yours. Ask support. Message me if you have another one.	Square tip card with the question
9	What time should I trade?	FAQ: What time should I trade? The session you can be present for. London open and New York open move most. Never the hour around a red calendar event. Message me if you have another one.	Square tip card with the question
10	Which pair is best for beginners?	FAQ: Which pair is best for beginners? The one you will watch every day. Most start with one major pair and gold. One, not five. Message me if you have another one.	Square tip card with the question
11	Do I need a computer?	FAQ: Do I need a computer? A phone is enough for everything in this channel. A computer helps for charts. Message me if you have another one.	Square tip card with the question
12	How do you earn from this channel?	FAQ: How do you earn from this channel? I partner with the platform in the pinned message. If you open an account through my link I may earn a commission. It costs you nothing. Message me if you have another one.	Square tip card with the question
13	What is the risk line for?	FAQ: What is the risk line for? To tell the truth. Trading is high risk and most people lose money. Anyone who leaves it out is hiding something. Message me if you have another one.	Square tip card with the question
14	Can you review my chart?	FAQ: Can you review my chart? Post it in the discussion group with your entry, stop and target marked. I review three a week in public. Message me if you have another one.	Square tip card with the question
15	Why do you show losses?	FAQ: Why do you show losses? Because a channel with only wins is lying. The losses are the lessons. Message me if you have another one.	Square tip card with the question

Key takeaways

- One post a day. The library is the decision, you are the voice.
- Polls and FAQs wake a quiet channel. Education builds the archive.
- Mark the Used column so nothing repeats within a month.
- Change the brackets, keep the risk line and the partner line.

Partners Academy

This material is provided for educational purposes for partners of the Partners Academy. It is not financial, investment, legal or tax advice, and nothing in it is a recommendation to trade. Trading carries risk and most retail traders lose money. Partner earnings depend on the activity you introduce and results vary. Nothing here should be presented to your audience as a promise of income or of trading outcomes. Third party tools, prices and platform features are named for convenience only and change over time, so verify before you rely on them. You are responsible for complying with the advertising rules of each platform you use and with the financial promotion rules of your own jurisdiction.